

Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: Monica Simon and John Pandiani

DATE: June 4, 2004

RE: Type of Service to Substance Abuse Clients

This is the fourth in a series of PIP reports that presents information on the type of services provided to clients. In recent week's we focused on clients served by Community Rehabilitation and Treatment (CRT) Programs for adults with serious mental illness, Children's Services Programs, and Adult Outpatient Programs (see links below). This PIP provides an overview of the volume of service provided by Substance Abuse Programs in five service categories: community supports, service planning, clinical interventions, day services, and other (See attached for category definitions). As in previous analysis, data were extracted from Monthly Service Report (MSR) files submitted to DDMHS by designated community mental health service providers.

Statewide, half of the services provided to Substance Abuse clients were classified as community supports. Clinical interventions and service planning each accounted for about 12% of the services provided to Substance Abuse clients. Six percent of the services provided were day services.

Type of service provided to Substance Abuse clients varied considerably from agency to agency. Community supports accounted for less than 40% of the services provided by CSAC while community supports accounted for almost 70% of the services provided by RMHS. Service planning ranged from 3% (UCS) to 22% (CMC). Clinical interventions ranged from 7% (HCHS) to 26% (UCS).

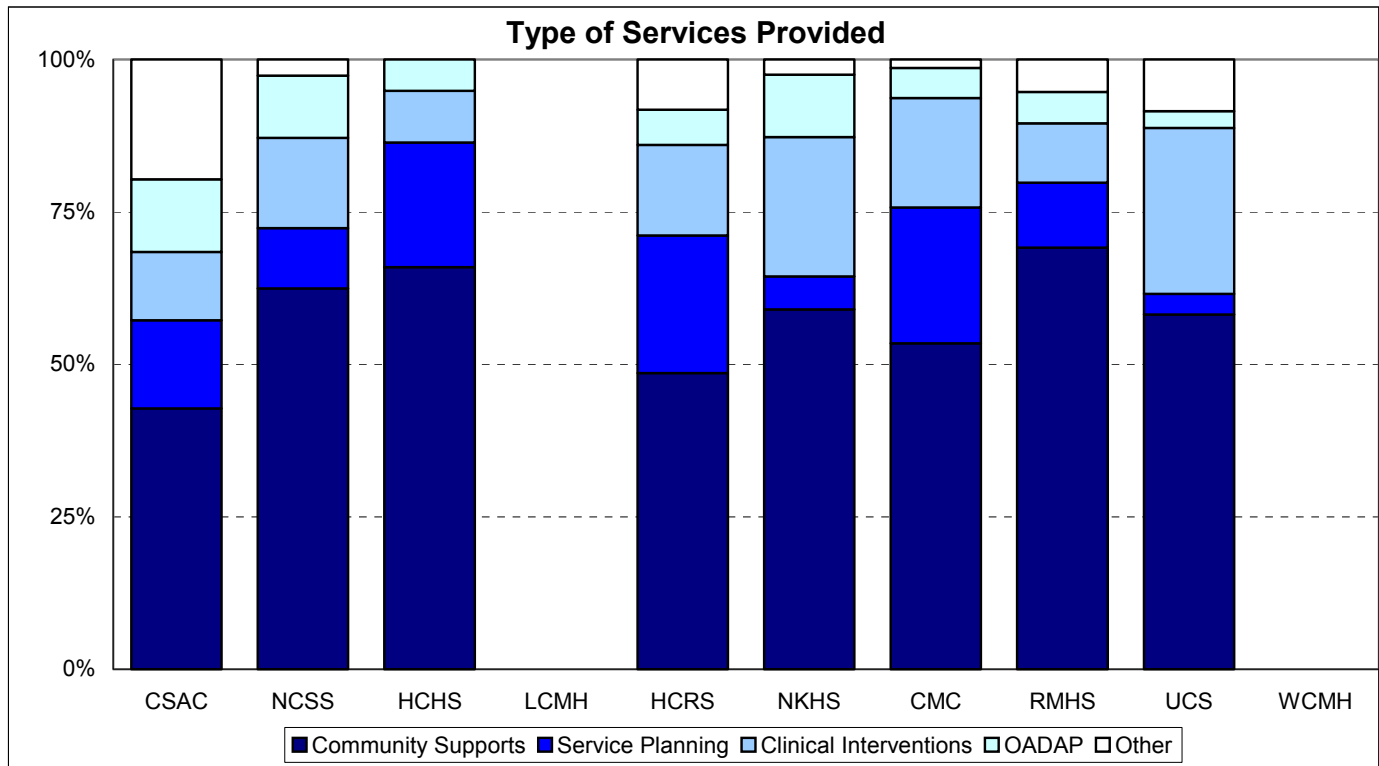
We look forward to your comments, questions, and suggestions for further analysis of data regarding the types of services provided by different treatment programs. As always, you can reach us at 802-241-2638 or by e-mail to pip@ddmhs.state.vt.us.

CRT Programs: (www.ddmhs.state.vt.us/docs/pips/2004/pip043004.pdf)

Children's Services Programs: (www.ddmhs.state.vt.us/docs/pips/2004/pip050704.pdf)

Adult Outpatient Programs: (www.ddmhs.state.vt.us/docs/pips/2004/pip052104.pdf)

Type of Services Provided
Substance Abuse Clients
 By Provider: FY 2003



Provider	Type of Services Provided										
	Community Supports		Service Planning		Clinical Interventions		OADAP		Other		Total
	#	%	#	%	#	%	#	%	#	%	#
Total	233,401	50%	55,736	12%	61,675	13%	28,608	6%	27,013	6%	463,578
CSAC	11,904	36%	4,024	12%	3,120	10%	3,319	10%	5,459	17%	32,823
NCSS	22,879	54%	3,611	9%	5,422	13%	3,750	9%	965	2%	42,002
HCHS	39,654	54%	12,289	17%	5,078	7%	3,102	4%	0	0%	73,286
LCMH	--	--	--	--	--	--	--	--	--	--	--
HCRS	29,574	41%	13,752	19%	9,044	12%	3,509	5%	5,006	7%	72,686
NKHS	17,522	53%	1,601	5%	6,792	21%	3,028	9%	746	2%	32,755
CMC	14,968	53%	6,245	22%	5,039	18%	1,371	5%	397	1%	28,089
RMHS	26,002	68%	4,006	11%	3,653	10%	1,936	5%	2,005	5%	38,061
UCS	14,949	55%	878	3%	6,990	26%	710	3%	2,176	8%	27,229
WCMH	--	--	--	--	--	--	--	--	--	--	--

Analysis includes adults who were assigned to and served by Substance Abuse Programs. "Other" includes emergency services, consultation, education, and advocacy services, partial hospitalization, respite, residential, employment, and transportation services. For detailed explanation on these types of service, see the notes in the annual statistical report (www.ddmhs.state.vt.us/docs/dept/annual-stats/2003statWebnotes.pdf)

Community Supports

Community Supports include specific, individualized and goal-oriented supports, which assist individuals (and families) in developing the skills and social supports necessary to promote positive growth. These supports may include assistance in daily living, supportive counseling, support to participate in community activities, collateral contacts, and building and sustaining healthy personal, family and community relationships. Community supports may further include family education, consultation and training services.

Service Planning and Coordination

Service Planning and Coordination assists individuals and their families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of needed services and supports for a specific individual. Services and supports include discharge planning advocacy and monitoring the well being of individuals (and their families), and supporting them to make and assess their own decisions.

Clinical Interventions

Clinical interventions includes: assessment, therapeutic, medication or medical services provided by clinical or medical staff, including a qualified clinician, therapist, psychiatrist or nurse. These include individual, family and group therapy; psychotherapeutic services; medication and medical support and consultation services; and clinical assessment.

Day Services

Day/Residential Services include day services.

Other

Other services include crisis services, partial hospitalization, emergency/crisis assessment, support and referral, emergency beds, employment, residential, and respite services.

For a more detailed explanation on any of these service categories refer to the notes section of the annual statistical report (www.ddmhs.state.vt.us/docs/dept/annual-stats/2003statWebnotes.pdf).